

THE ATTENDING PHYSICIAN
CONGRESS OF THE UNITED STATES
H-166, U.S. CAPITOL
WASHINGTON, DC 20515-9086

BRIAN P. MONAHAN, MD, MACP

October 12, 2020

The Honorable Michael Lee
U.S. Senate
361A Russell SOB
Washington DC 20510

Re: COVID Isolation Summary

Dear Senator Lee:

Following contact with my office on October 1, 2020 to discuss symptoms starting September 30, 2020, a SARS-CoV-2 RT-PCR test was recommended to evaluate for COVID-19 infection. The test was obtained and resulted positive the same day. While awaiting the result of the test you were provided recommendations to isolate from other contacts. Once the positive test became known, isolation recommendations were extended to a minimum of 10 days from the date of symptom onset in accordance with Centers for Disease Control and Prevention guidelines.

Throughout isolation, you provided health status updates on a daily basis. Fortunately, your symptoms remained mild and were able to be managed entirely in the home setting. Your last reported temperature greater than 100.4 Fahrenheit was on October 8, 2020, and you have not taken fever-reducing medications since October 9, 2020. Apart from some remaining but improving fatigue, you reported all other symptoms resolved as of October 11, 2020. Twelve days have passed since initial symptom onset.

Based upon current CDC guidelines, you have met criteria to end COVID-19 isolation for those with mild to moderate disease. Specifically, it has been greater than 10 days since symptom onset, you have had no fever in absence of fever reducing medication for at least 24 hours, and your other symptoms have improved. The CDC does not recommend repeat SARS-CoV-2 PCR testing if these criteria are met.

Should you have any questions or require additional information, please contact this office at 202-225-5421.

Sincerely,



Brian P. Monahan, MD, MACP

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